



San Diego - Philadelphia - New Hampshire - West Virginia 703-593-5420 San Diego, CA 92122 www.kitchentableconsultants.com

WHAT WE DO

Our goal is simple – to help passionate farmers and food artisans build lasting, profitable, locally-focused businesses. We accomplish this by working alongside our clients. No stuffy business plans that get thrown on the shelf, never to be looked at again. We have real-world experience and bring that to our work everyday. We have walked a mile in your shoes and understand first-hand the challenges facing small businesses. We are results-oriented, and our work is about actionable steps to make your business stronger and more profitable.



Advising + Coaching

It is true that it's lonely at the top. Our business owner/organizational leader advising and coaching provides lasting results through a relationship built on trust, honest communication and consistency.



Small Business Bookkeeping

Bookkeeping that actually helps you manage your business, not just figure out your taxes.



Hands on Help + Project Management

Sometimes, advising isn't what you need, sometimes you need someone to get in there and get it done alongside you.



Interim/Virtual Management Team

When your organization is in a period of growth and change, you sometimes need multiple levels of support to navigate change successfully



Helping passionate farmers and food artisans build lasting, profitable, locally-focused businesses.





"Passion is vital, but you got to have a strategy."

-Barack Obama



WHAT IS STRATEGIC PLANNING

Strategic planning your business's process for defining direction and setting goals, creating a focus for planning for the year.

This process informs

decision making to

prioritize time, money, and

use of resources

to achieve goals.



WHAT ARE THE STEPS IN STRATEGIC PLANNING



- 1. Reality check
- 2. SWOT Analysis
- Goal Setting and Strategic Objectives
- 4. Action steps and accountability
- 5. Review and revise on a regular basis

REALITY CHECK

What is this business good at doing?

What are we spending most of our time doing?

Are we profitable?

How do we generate profits?

How are we doing with capacity for production and staff?

Do we have the equipment we need to expand?

What's our competition doing?



WE CREATE FOOD WITH PASSION SO WE CAN DO WHAT WE LOVE









THE SWOT ANALYSIS

A detailed look at how you operate and how external factors impact your business

SWOT is an acronym for strengths, weaknesses, opportunities and threats and a structured planning framework for evaluating a business's internal strengths and weaknesses and the external opportunities and threats.

This is an effective tool for clarifying your direction, identifying where you need help, minimizing weaknesses, and knowing how you can capitalize on your strengths.





You don't know what you don't know

No matter what the scale, discovering the gaps in your business and overcoming them, through learning, repetition, and collaboration with others, is essential for innovation and success. Uncovering a flaw is a first step to a solution.





THE SWOT

STRENGTHS	T WEAKNESSES
OPPORTUNITIES	THREATS

GOALS + ACTIONS

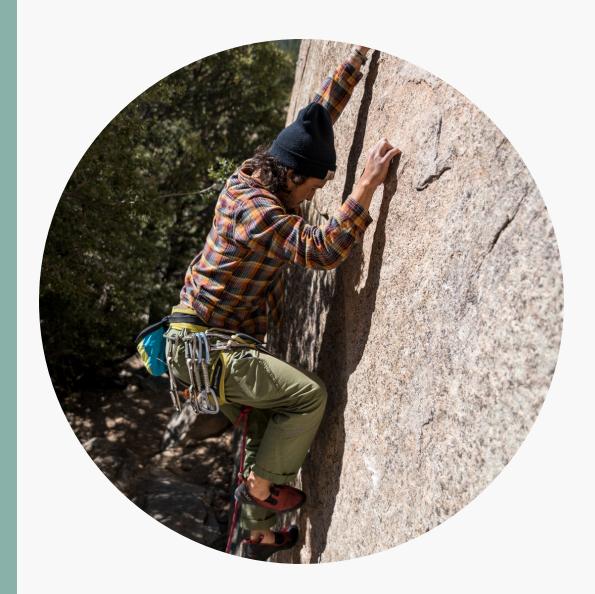
How do you determine the most important goals and get invested in taking action?

- Determine priority goals based on SWOT
- Questions to ask:
 - What skills/strengths can be leveraged?
 - What weaknesses need more attention?
 - Are you addressing the threats?
 - What are your steps for harnessing an opportunity?



GOAL TO ACTIONS

- Break your goals down into specific tasks that need to happen to get you there.
- Decide: When will I do this by and hold myself accountable?
- Slice your year down into
 3 month segments with
 achievable short term
 goals.
- This will keep you
 motivated to your larger
 goals as you see
 progress!



GOALS + ACTIONS

Consistency is king.

Design your actions
to support your rituals.

Schedule a ritual for each goal

Example:

Goal - Generate 8 leads to secure 2 buyers in 3 months.

Ritual - Thursdays at 7:30am, do 1 hour of marketing tasks followed by 30 minutes of outreach to buyers.

 Create detailed actions needed to fulfill rituals and reach goals

Let's take a few minutes to determine goals and actions for each of them!



GOALS + ACTIONS

Get invested in your goals by creating a realistic ritual for each of them.

 Write down 3 goals for this season that have been validated by your SWOT.

 Break down each goal into high level actions with a scheduled ritual for that goal.



PROJECT PLAN + PROGRESS

How to Use the Red/Yellow/Green Accountability Tool

- Green you're making progress and feel confident that you'll complete the action or task by its due date.
- Yellow you're getting stuck and uncertain if you'll meet the deadline. When an item is yellow, consider assigning a new due date and figure out if you need help to complete it.
- Red all progress has stopped and you're sure you'll miss the deadline. This is urgent - take action or get help.



PROJECT PLAN + PROGRESS

Review your task list each week and assign a color for tracking progress.



more saming i roject i lan and near reason o	Breen Progress Tracking Due Date or						
Actions	Frequency	12/15	12/22	12/29	1/5	1/12	1/19
AP and Food Safety							
erform GAP self assessment	12/29					Done	
rop Costing / Wholesale Pricing	40.00			4/40			
etermine pricing for carrots at 30% margin	12/22			1/12		Done	
see Dionaine / Dionaine Dion							
rop Planning / Planting Plan it increased carrot production into crop plan	1/12					Done	
it increased carrot production into crop plan	1/12					Done	
hole Farm Budgeting							
rice out/purchase packaging materials	1/19					Done	
ead Generation							
evise marketing strategy	1/5			Done			
0,							
ales Pipeline Management							
ollow up with leads	Thursdays						
ompleted Tasks							
imply drag the entire row under this heading	whom populate						

PLAN + PROGRESS SANITY CHECK

Do you and your staff have the capacity and skills to meet your goal alone?

Where do you need support in your plan?

How will you pay for support?

What other expenses such as supplies and equipment will I incur to reach my strategic goals?

Bottom line: All plans should be supported with a budget.

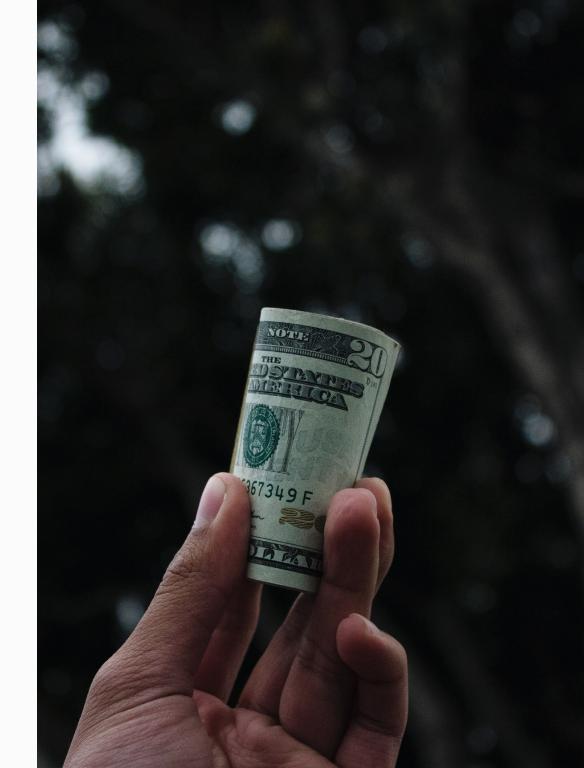


REVIEW + REVISE

- Check in with your plans monthly and evaluate progress on 3 month goals and annual goals.
- Every quarter, set new 3 month slices of your goal to get to the major goal.
- Review your budget to make sure you are making the expected profits
 go deeper than sales!
- Modify your plan as needed if results are not satisfactory
- Seek help and advice when you get stuck



WHAT'S MY MARGIN AND WHY DOES IT MATTER?





MARGIN, DEFINED

Gross margin aka gross profit

is a company's total sales revenue minus its cost of goods sold (COGS).

When talking per unit, this is sometimes called "Contribution Margin"

Why does this matter?

"Contribution"

represents the portion of sales revenue that is not consumed by variable costs and so contributes to the coverage of fixed costs and (hopefully) profits.



KTC'S THEORY OF 7 NUMBERS

Overview of building a simple profit & loss statement

- 1. Revenues
- 2. COGS



- 3. Operating Expenses
- 4. Labor
- 5. General and Administrative
- 6. Fixed Expenses
- 7. One-Time Expenses





HOW DOES THIS HELP MY PROFIT STRATEGY?

What's left?

Does it add up?

What if it doesn't?

Your gross margin tells you how much money you have after making your product.

From that money you need to pay...

- Yourself!
- Labor
- Overhead (rent, utilities, insurance, etc)
- Administrative costs (marketing, office supplies, etc)
- Operating Costs (fuel, supplies, equipment repairs, etc.)
- Interest on your loans





DATA COLLECTION & INFORMATION MANAGEMENT

- Gathering data informs all decision making
- The means by which we can assess an opportunity's upside or downside
- A farm or food business uses many systems that all need to speak the same language

- How much product can we realistically produce and sell?
- How much revenue can the business bring in next year if I sell 100% 85%?
- Are my prices right?
- Do I have a budget?
- Am I meeting that budget?
- Will I run out of money this year?
- What will my personal income be?
- How much can I afford to spend on marketing?
- Can I afford more labor?
- What other burning questions do you wish you could answer?

WHY SHOULD I COLLECT DATA?

Do you know HOW you make a profit?

Not IF...but HOW?

BEST PRACTICES

Accounting Systems As A Tool



This is not about accounting!

It's about using your accounting system (QB Online, QB Desktop, spreadsheets, etc.) as a tool.

Best practices are what make this tool great, starting with frequent and regular use to keep the tool tuned up and ready to put into action.

Eastbend Farm Profit and Loss

January - December 2016

	Total
Income	
Income	
Farm grown product	121,705.81
Rent and other Income	468.41
Resale product income	17,542.50
Total Income	\$ 139,716.72
Uncategorized Income	137.99
Total Income	\$ 139,854.71
Cost of Goods Sold	
Cost of Goods Sold	
Farm grown products	
Ammendments	256.00
Farm/Production Labor	51,292.52
Farmers Market Fees	1,963.84
Feed for livestock	2,457.52
Seeds	6,498.36
Soil purchases	336.96
Total Farm grown products	\$ 62,805.20
Resale product	9,905.68
Total Cost of Goods Sold	\$ 72,710.88
Total Cost of Goods Sold	\$ 72,710.88
Gross Profit	\$ 67,143.83

PROFIT AND LOSS SAMPLE

January - December 2016, Accrual

Gross Profit



Expenses	
Fixed Expenses	
Fixed Expenses- Other	216.32
Interest	3,099.98
Utilities	
Utilities	5,058.22
Total Utilities	\$ 5,058.22
Total Fixed Expenses	\$ 8,374.52
General & Admin	40.00
Bank Service Charges	63.35
Computer and Internet Expenses Dues & Subscriptions	11.88 1,074.00
General & Admin - Other	1,488.33
	7,262.48
Insurance	0 = 0 0 0
Insurance Marketing	250.00
Marketing	811.17
Marketing General	\$ 811.17 1,936.80
Marketing General Website	\$ 811.17 1,936.80 2,997.97
Marketing General Website Total Marketing	\$ 250.00 811.17 1,936.80 2,997.97 361.02 8,176.93

PROFIT AND LOSS SAMPLE

January - December 2016, Accrual

Fixed + GA Expenses



Operating Expense - Farming &		
Production		
Equipment (Farm)		728.95
Farming Supplies		1,338.25
Fuel		2,598.79
Repairs & Maintenance		4,853.30
Sales		
Credit Card Fees		2,013.99
Sales Supplies for Market		1,028.60
Total Sales	\$	3,042.59
Vehicle Payment		8,867.76
Total Operating Expense - Farming &		
Production	\$	21,429.64
Uncategorized Expense		406.05
Total Expenses	\$	51,686.17
Net Operating Income	\$	15,457.66
Other Expenses		
Owner Draw		6,649.72
Childcare		9,080.00
Health Insurance, Owner		80.00
Total Owner Draw	\$	15,809.72
Reconciliation Discrepancies		1.00
Total Other Expenses	\$	15,810.72
Net Other Income	-\$	-
Net Income	-\$	353.06

PROFIT AND LOSS SAMPLE

January - December 2016, Accrual

Operating + Other
Expenses
and
Net Income



SALES BY CUSTOMER REPORT SAMPLE

January - December 2016 Cash Based



Eastbend Farm Sales by Customer Summary

January - December 2016

	Total
Rental	393.50
Correction	0.06
OnFarm	173.30
Market 1	14,998.90
Market 2	3,288.75
Market 3	9,594.65
Restaurant 1	56.80
Grocer 1	4,217.13
Restaurant 2	49.20
Grocer 2	1,038.20
Restaurant 3	59.50
Grocer 3	1,056.35
Restaurant 4	663.34
Institution 1	3,614.58
Restaurant 5	433.10
Restaurant 6	190.00
Restaurant 7	96.64
Restaurant 8	59.22
Restaurant 9	55.50
Institution 2	5,500.13
Grocer 4	1,865.25
Restaurant 10	84.00
CSA	89,715.00
TOTAL	\$ 137,203.10



Create a monthly stats report / spreadsheet

- Production quantities by item
- Quantities sold by item
- Unsold quantities by item
- Sales (\$) by channel: wholesale, farmers markets, etc
- Top 3 customers, sales \$
- Balance in checking account and cash (\$)
- Balance in loans (\$)
- Balance on Credit card (\$)
- Accounts Receivable (\$)
- Accounts Payable (\$)
- Expenses by category

WHAT CAN I START DOING NOW?

If you don't have an accounting system yet, and need to learn to create financial statements on your own for the future, what can you do now that is of value and informs your business?

^{*}compare month to month and against your plan

Create a log for expenses / spreadsheet

- Costs of Goods Sold (1:1) like seeds, packaging, rubber bands for bunching, fertilizer, soil amendments, hydro nutrients
- Labor / wages and labor related expenses like taxes and workers comp insurance
- Overhead like utilities, insurance, rent, vehicle payment
- Operating Expenses like supplies and fuel
- Administrative Expenses like office supplies, computer repair, printing and advertising
- One Time Expenses like equipment purchases

WHAT CAN I START DOING NOW?

If you don't have an accounting system yet, and need to learn to create financial statements on your own for the future, what can you do now that is of value and informs your business?

^{*}tally monthly and add to your monthly stats report



HOW DOES THIS HELP ME?

- It tells a story
- It highlights comparisons and identifies trends
- It gives you a template for making a budget
- It helps you understand HOW and WHERE you make a profit...then it's up to you

Get in touch!

Rebecca Brumberg Frimmer
Kitchen Table Consultants
Entrepreneur In Residence
703-593-5420
rebecca@kitchentableconsultants.com

THANK YOU!



www.kitchentableconsultants.com